

## **Coronavirus (COVID-19): advice for visitors**

RDA are actively monitoring the status of the Coronavirus (COVID-19) situation. We are following UK Government guidelines about how to respond to the virus and will continue to offer advice on that basis.

### **To minimise the spread of germs while on site, we recommend following World Health Authority guidelines:**

- Cover coughs and sneezes with disposable tissues or coughing/sneezing into your elbow
- Dispose of used tissues appropriately in a bin
- Wash hands for at least 20 seconds with soap and water followed by drying them thoroughly or using hand sanitiser:
  - Before eating or handling food
  - After using the toilet
  - After coughing, sneezing, blowing your nose, or wiping a child's nose
  - After touching public surfaces
- Try to keep a metre away from people who are unwell.

These measures are especially important for those who have existing health conditions such as diabetes, renal failure, chronic lung disease, or who are immunocompromised.

### **Help us to help you**

- Please make sure you know where to wash your hands during your visit. If you do not know where the hand washing facilities are, please ask a member of staff.
- We will keep these facilities clean and aim to keep them topped up with soap. Please tell us if the soap runs out so we can restock.

### **If you become ill during your visit**

The symptoms of Corona Virus are a cough, a high temperature, shortness of breath. If you feel ill during your visit:

- Please avoid contact with other visitors and staff
- Inform a member of staff
- Leave the site and go home
- Visit <https://www.nhs.uk/conditions/coronavirus-covid-19/> for advice on self-isolating